

faceupcymru

If you would like to make a donation, please complete and return this form.
I am a Patient/Ex-patient/Family/Donor Supporter

FIRST NAME

SURNAME

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Please complete and send to:

faceupcymru

BETHEL PLACE, LLANISHEN, CARDIFF CF14 5BJ

TELEPHONE 02920 757615

E-mail: faceupcymru@btconnect.com

Please make cheques payable to **faceupcymru**

Gift Aid Foundation Declaration

Please complete and sign this Declaration if you wish **faceupcymru** to claim approximately 28% extra to your gift from the Inland Revenue. Please note that you must be paying income tax at least equal to the tax the charity can claim on your donation in the tax year.

I want **faceupcymru** to treat my gift of £_____ as a Gift Aid Foundation Donation.

Signed

Date



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Registered Charity No.
1109512

faceupcymru

The Head, Neck and Oral Cancer Foundation

faceup News

Moving Forward

WE have now interviewed candidates for the post of Clinical Nurse Specialist to work alongside Annette Beasley (McMillan Head and Neck Nurse Specialist at the UHW.) The nurse will be part of the head and neck team, and will hopefully enable more patients to have access to a specialist nurse. She will be known as a **faceupcymru** nurse and will wear a badge bearing this title.

As a large portion of our funds will be used to finance the nurse, we really need to organise as many fundraising activities as soon as possible. Any ideas or news of fundraising please contact us at Bethel.

MMMMMM! Tea and Cakes Garden Party

Margaret Mildenhall and her family and friends organised a delicious garden party at her home. Inclement weather meant that we had to spend the afternoon indoors. This was well attended and raised £220.

If this is an event that you would like to organise, but would need assistance, please contact us at Bethel. Thanks to Margaret and helpers.



A good time was had by all

Charity Golf Day

THE Rhondda Golf Club was the venue for a golf tournament in aid of **faceupcymru** and Breast Care Cymru.

This event has been held for the past six years. For the last three years the weather has not been kind to us and this year was no exception. Fortunately the club were able to offer us another date after we had to abandon the tournament having completed about half the course. The second attempt was a little better, weather-wise, and most players seemed to enjoy the day (some still got wet)!



From left to right — Mike Hutchings, Jeff Davies, John Griseley and Neil Hutchings.

The organisers — Mike Hutchings, John Griseley, Jeff Davies and our chairman Neil Hutchings, deserve our thanks for raising £4,770. This money will be shared equally between the two charities.

Our thanks to the captain and committee, greens staff and the steward and his wife for helping to make this such an enjoyable and successful day.

Dental Hospital News — Carolyn Joyce and Rachel Jones

Kim Farr, Senior Dental Nurse (Exam and Emergency, UHW Dental Hospital), ran the Bath Half Marathon and raised £300! Thanks very much Kim — hope the muscles are all ok now!

A patient and family support group BBQ was held again in the lovely herb garden of the Amelia Trust Farm.

About 15 people were present, these were mainly family and friends. We had the best weather for many years, as we usually cook in the rain!

We didn't have many patients this year but there were many new faces and it was good to see them. We will try and arrange something for Christmas — **by patient request.**

faceupcymru has an excellent meeting place at Bethel Community Centre, Llanishen. If any patient and/family/friends would like an opportunity to talk, have a cuppa or share thoughts and ideas with other patients, family or friends then please contact us and we would be delighted to organise any activity, including transport to and from Bethel.

We want to offer help, but can only do so by patient request.

Every year the South-west — South Wales Dental Hygienists and Dental Therapist Group hold events and Carolyn Joyce was asked to speak at one of the meetings to raise awareness of oral cancer and the work of **faceupcymru**. Carolyn also spoke at the British Association of Dental Nurses on the work of **faceupcymru**.

Annette — Champion Healthcare Worker

ANNETTE BEASLEY, Clinical Nurse Specialist, Head and Neck Cancer, based at UHW, was crowned Champion at a ceremony in Cardiff City Hall.

Annette richly deserved her award having worked tirelessly for the benefit of her patients, colleagues, and for her support of **faceupcymru**.

As well as advising, helping, encouraging patients and families, she also teaches other health professionals in the care and management of head, neck and oral cancer patients. All this whilst bringing up her two children and finding time to spend with her very supportive husband, Simon!



We look forward to the appointment of the new nurse, who will, I'm sure, benefit greatly from working alongside such a caring professional, and be able to continue and expand the superb work already being done by Annette and the Head and Neck/Ear, Nose and Throat teams at the University Hospital of Wales.

*Congratulations to Annette from all her patients, colleagues and everyone at **faceupcymru**.*

Fundraising — Helpers Wanted

faceupcymru needs to keep up our fundraising in order to continue our support.

If you would like to help fundraise in any way, please contact us at the **faceupcymru** office (telephone answer service when office is unmanned) — details on back page.

If you would like to know more about us, ask any member of staff who will help you to contact us. With your help, we can extend the help patients and families need during this very traumatic time.